



Education in the Transforming World



Dr. Swapan Kumar Maity
Dr. Pranab Barman



- 13 **Role of Social Media as a New Platform of Teaching Learning Process** 125
Manuara Khatun
- 14 **Opportunities and Challenges of Using ICT for E-learning in School Education of India in Advent of COVID-19** 135
Mrinmoy Dandapat and Dr. Sambhunath Maji
- 15 **Mental Health of Teacher in Changing Scenario of Present Education System** 142
Pankaj Sen and Bubly Sarkar
- 16 **Exploring Inclusive Education for Disabled Children in West Bengal** 151
Paritosh Biswas
- 17 **Yoga Education in the Transforming World** 160
Arnab Das
- 18 **Emerging Demand of ICT for Professional Development of Teacher** 170
Pritam Pyne and Jitendranath Gorai
- 19 **Technological Advancement and Transfer of Knowledge in Covid-19 Pandemic Situation** 179
Sahabuddin Ansary
- 20 **Education for Peace and Harmony: An Overview** 189
Dr. Samit Kumar Maiti
- 21 **Different Models in Blended Teaching and Learning Strategy** 199
Sanjukta Sahoo and Dipak Bhattacharya
- 22 **A Study on Limits of Online Teaching- Learning and Evaluation Process in COVID-19** 210
Sariful Sk
- 23 **Digital Education in India via Privatized Applications & Websites** 218
Sourav Das and Abir Mondal
- 24 **Open Source Software as an Adjunct to E-Learning** 234
Sujit Chattopdhyay
- 25 **Education Hubs: Emerging Knowledge Site of Internationalisation of Higher Education** 247
Sumanta Halder
- 26 **Changing Society and Women Empowerment: Advantage and Challenges** 261
Tapas Mukherjee and Rabi Das



CHAPTER - 15

**MENTAL HEALTH OF TEACHER IN CHANGING
SCENARIO OF PRESENT EDUCATION SYSTEM**

Pankaj Sen

*Assistant Professor, Department of Philosophy, Sarat Centenary College, Dhaniakhali,
Hooghly, West Bengal, India*

Bubly Sarkar

*Assistant Professor, Department of Education, Kalyani Mahavidyalaya, Kalyani, Nadia,
West Bengal, India*

Abstract

In 1920s, the population of universe is suffering from a terrible pandemic situation. Suddenly normal life style of human being is totally changed due to the effect of Covid-19. All type of human condition like- Physical, Mental, Social, Emotional etc. are also hampered. This study considered only the mental condition of teachers. And present paper was attempted to find out the present mental condition of teachers from school and colleges. It was a descriptive study and the data analysis method was qualitative. A survey was conducted by the researchers on some teachers from different schools and colleges. One questionnaire regarding mental health of teachers was framed by the researchers. 20 multiple choice type questions are in the questionnaire, where the statement of questionnaire was narrated in three point scale. There was one main variable (Mental health of teachers) and three attribute variable i.e. gender (male & female), Institute (school & college), marital status (married & unmarried). The validity and reliability of questionnaire were checked by the researchers. Graphical representation was used for data interpretation. After data analysis, researcher found that, pandemic situation has influenced the mental condition of teachers.

Keywords: *Mental health, Pandemic situation*

INTRODUCTION

Mental health means a stable mental condition of a human being. Good mental health is a condition to work with full potentialities. So, healthy mental condition is necessary for each human being, especially for a teacher, who leads teaching. But, due to the corona situation, stable mental condition is becoming hampered and restless. They are losing their mental stability and it affects their teaching work. L. Shefali (2020) study on the mental condition of teacher in Covid situation. In this connection, researchers have taken this study by motivating this type of literature review and selected their topic as: